

Historical highlights

- 1860 – First recorded gymnastic equipment at Auckland Y.M.C.A
- 1884 – First gymnasium at Christchurch YMCA
- 1948 – Auckland Gymnastic Association formed
- 1956 - 16th October – New Zealand Gymnastic Association formed
- 1962 – Regions defined and formed across NZ
- 1958 – Mount Roskill Grammar School – first school to be tested for Incentive Awards
- 1965 – 17,340 Incentive Award badges sold
- 1990 – Nicky Jenkins wins gold medal at Commonwealth Games (Women’s Artistic Gymnastics)
- 1990 - Angela Walker wins Gold on rope, bronze all round, bronze on ball & ribbon in Commonwealth Games (Rhythmic Gymnastics)
- 1990 – Raewyn Jack wins bronze on ribbon & hoop at Commonwealth Games
- 1994 – Artistic Incentive Award revamped
- 1994 – Sara Thompson wins bronze on bars at Commonwealth Games
- 1998 - David Phillips wins bronze at Commonwealth Games (Men’s Artistic Gymnastics)
- 2000 – Rhythmic Incentive Awards revamped
- 2004 - Angela McMillan World Aerobics Champion
- 2006 – Trampoline merge into the organisation
- 2005 – First NZGA CEO appointed
- 2005 – First GymSports Officer
- 2006 – New Zealand Gymnastics changed name to GymSports New Zealand
- 2006 – Through Member consultation the vision and strategic direction for GymSports New Zealand was set
- 2006 - PlayGym early childhood resource redevelopment (redevelopment? When was initial resource developed)
- 2006 - 4 GymSport Officers appointed and part funded by Provinces, working within Provincial Associations
- 2006 - Discussion took place at Forum regarding restructure to connect Clubs to National Body

2007

- Annual General Meeting & Forum to discuss change
- SPARC investment to help with the Organisational Transformation Plan
- Inaugural Leaders summit to discuss change and build Leaders within the sport
- December 2007 – Provinces voted for change
- Sport Development Committees started
- PlayGym early childhood resource launched by Sports Minister
- National Championships held at Bruce Pulman Park and Rae Freeman Centre, Auckland
- 15 x Consultation and region/club visits and presentations/discussions
- High Performance Strategy developed
- Delivered Gymsport Club Facilities Forum