

COUNTIES MANUKAU GYMNASTICS
KB MEMORIAL COMPETITION
Queen's Birthday weekend 30th & 31st May 2009

Gymsport and Recreation Centre
90 Walters Rd
Papakura

Saturday 30th May

Men's Artistic

Level 3	General Warmup	8.00 – 8.20 am
	Marshall	8.20am
	Apparatus Warmup/Compete	8.30 – 11.00 am
Level 4 & 5	General Warmup	10.45 – 11.05 am
	Marshall	11.05am
	Apparatus Warmup/Compete	11.15 – 2.00pm
Level 6	General Warmup	1.20 – 2.00pm
	Apparatus Warmup	2.00 – 2.45pm
	Marshall	2.45pm
	Compete	2.55 – 4.30pm

Women's Artistic

Level 4 Comp 1	General Warmup	8.00 – 8.20 am
	Marshall	8.20am
	Apparatus Warmup/Compete	8.30 – 11.00 am
Level 4 Comp 2	General Warmup	10.45 – 11.05 am
	Marshall	11.05am
	Apparatus Warmup/Compete	11.15 – 1.45pm
Level 6	General Warmup	1.20 – 2.00pm
	Apparatus Warmup	2.00 – 2.45pm
	Marshall	2.45pm
	Compete	2.55 – 4.30pm
Level 5	General Warmup	4.15 – 4.35pm
	Marshall	4.35pm
	Apparatus Warmup/Compete	4.55 – 7.15pm

Sunday 31st May

Women's Artistic

Level 3 5 rotations	General Warmup	8.00 – 8.20am
	Marshall	8.20am
	Apparatus Warmup/Compete	8.30 – 11.30am
Level 2 Comp 1 & Comp 2	General Warmup	11.30 – 11.50am
	Marshall	11.50am
	Apparatus Warmup/Compete	12.00 – 2.00pm
Level 1A & 1B	General Warmup	1.45pm – 2.05pm
	Marshall	2.05pm
	Apparatus Warmup/Compete	2.15 – 4.15pm