



Recognition of Prior Learning

Junior Coach - Trampoline

SECTION A - THEORY

REQUIREMENTS OF GSNZ COURSE	EVIDENCE	RESULT
Introduction to Trampoline Gymnastics		
Trampoline Gymnastics Safety		
Physical Preparation		
Teaching Trampoline Elements		
Forward Somersaults		
Backward Somersaults		
Advanced Somersaults		
Forward Twisting Somersaults		
Backward Twisting Somersaults		
Double Mini Trampoline		
Routine Construction		

SECTION B – PRACTICAL EXPERIENCE

Practical experience can be recorded through observations of coaching sessions or evidence produced in session plans.

REQUIREMENTS OF GSNZ COURSE	EVIDENCE	RESULT
Introduction to Trampoline Gymnastics		
Trampoline Gymnastics Safety		
Physical Preparation		
Teaching Trampoline Elements		
Forward Somersaults		
Backward Somersaults		
Advanced Somersaults		
Forward Twisting Somersaults		
Backward Twisting Somersaults		
Double Mini Trampoline		
Routine Construction		

SECTION C – ASSESSOR COMMENTS

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DECISION/OUTCOME

Decisions	Notes/Details	Please tick
Qualification granted in full as requested		
Additional Course work required		
Additional Practical work required		

Assessor Name: _____

Signature: _____

Date: _____